



MENU

MENU - BREAKFAST

1

Madras Morning

Idli | Vada | Twin Chutneys | Fresh Juice

2

Kerala Kickstart

Puttu | Boost

NON-VEG: Egg Curry

VEG: Kadala Coconut Curry

3

Tikka Toast Trail

Chicken Tikka Sandwich | Potato Wedges | Watermelon | Mint Juice

VEG: Paneer Tikka Sandwich

4

ABC Energy Plate

Rava Upma | Kadala Coconut Curry | Pappad | ABC Juice | Banana

5

Pancake Bliss Starter

Banana/Classic Pancakes | Honey | Seasonal Fruits | Flavored Milk

VEG: Veg Sandwich

6

Dosa Delight Set

Mini Dosa | Vada | Sambar | White Chutney | Cut Fruits | Horlicks

7

Appam Affair

Appam | Veg Mappas | Milk Sarbath | Cut Fruits

8

Sunrise Strings

Idiyappam | Cut Fruits | Grape Lime

NON-VEG: Egg Roast

VEG: Green Peas Curry

9

Bombay Brunch Box

Pav Bhaji | Cut Fruits | Horlicks

10

Paris to Kozhikode

Croissant | Cornflakes & Milk | Cut Fruits

11

Anglo Kerala Brunch

Bread | Butter | Steamed Veggies | Ketchup | Horlicks

NON-VEG: Omelet

VEG: Grilled Sandwich

12

Thattukada Special Morning

Thattu Dosa | Sambar | Chutney | Horlicks

NON-VEG: Scrambled Egg

VEG: Grilled Veggies

13

Bun Bites & Boost

Hot Dog Bun | French Fries | Garlic Mayo | Boost | ketchup

NON-VEG: Chicken Sausage

VEG: Paneer Sausage

14

Classic Puttu Celebration

Puttu | Cherupayar/Kadala Curry | Pappadam | Cut Fruits
Flavored Juice

15

Parotta Punch

Kerala Parotta / Mini Aappam | Cut Fruit | Horlicks

NON-VEG: Egg & Potato Varuth Aracha Curry

VEG: Veg Stew

16

Schoolbox Start

Bread | Cornflakes (Hot/Cold Milk) | Butter | Cut Fruits |
Flavoured Juice

17

NutriNest Platter

Premium Veg Burger | French Fries | Mayo | Ketch - Up
Cut Fruits | Flavoured Juice

18

Navarathna & Chapati Classic

Chapati | Navarathna Kurma | Cut Fruits | Boost

19

Early Bird Lite

Bread | Jam | Butter | Grilled Tomato | Mint Lime

VEG: Veg Nuggets

NON-VEG: Omelet

20

Chennai – Beijing Bullet Train

Chilli Idly | Coconut/Mint Chutney | Cut Fruits | Grape Lime

21

Malabar Mojo

Kappa Puzhukku | Chilli Chutney | Mint Lime

NON-VEG: Nadan Chicken Curry

VEG: Tomato Mango Curry

22

Mac & Mornings

Macaroni | Ketchup | Cut Fruits | Flavoured Juice

23

Subah-e-Souk – Arabian Tales

Fattoush Salad | Kuboos Pocket | Salted Veggies | Mint Lime |
Ketchup

24

Royal Delhi Platter

Chole Bhature | Green Chutney | Flavoured Juice



MENU - LUNCH



1	Malabar Mystique ALL: Ghee Rice Onion Vinegar Salad Mango Lassi Pickle Raita Roasted Pappad Coconut Chammanthi NON-VEG: Fish Nirvana VEG: Navaratna Kuruma, Gobi 65	2	Biryani Darbar ALL: Raita Pickle Coconut Chammanthi Pappad Ice Cream NON-VEG: Kozhikode Chicken Dum Biryani / Fried Chicken Biryani Hyderabad Dum Biryani / Thalappakatti Biryani VEG: Paneer Biryani
3	Onam Legacy Platter VEG: Varuth Upperi Kuthari Choru Sambar Aviyal/Kootucurry Thoran Pineapple Pachadi Pickle Pappadam Rasam Puli Inchi Semiya Payasam	4	Spice Route Express VEG: Cucumber Tomato Salad Brown Rice with White Chana and Potatoes Mix Veg Curry Pickle Pappad Curd Ice Cream
5	Arabian Souk Meal ALL: White Cabbage Salad Mayonnaise Tomato Chutney Shawaya Masala Flavoured Yogurt NON-VEG: Chicken Mandi VEG: Veg Mandi Gobi 65	6	Royal Ghee & Sea ALL: Red Chilly Onion Salad Plain Rice Pickle Pappad Cut Fruits NON-VEG: Fish Molly VEG: Ladies Finger with Groundnuts Deep Fry Gobi Masala Curry
7	Green Curry Chronicles ALL: Red Chilly Onion Salad Lemon Rice Kerala Parotta Pickle Roasted Pappad Moong Dal Payasam NON-VEG: Palak Chicken VEG: Pepper Soya Roast Packed Curd	8	Zamorin's Feast ALL: Tomato Chutney Pickle Mayonnaise Jalebi NON-VEG: Chicken Majboos VEG: Veg Majboos Paneer Tawa Fry
9	Tangra Trails ALL: Tom Yum Soup Green Salad Tomato Ketchup Fruit Custard NON-VEG: Chicken Noodles VEG: Veg Noodles	10	Tomato Tales & Payasam Trails VEG: Green Salad Tomato Rice Kerala Parotta (1 pc) Kadai Paneer Pickle Curd Coconut Chutney Semiya Payasam
11	Manchurian Magic & More VEG: Veg Clear Soup Veg Pulao Gobi Manchurian Kovakka Dry Fry Raita Pappad Ketchup Payasam	12	Tawa Treasures ALL: Rice Onion Valan Puli Salad / Cut Mango Salad Dal Drumstick / Tomato Curry Achinga Thoran Payasam NON-VEG: Tawa Fried Fish VEG: Crispy Gobi 65
13	Sizzling Kolhapuri ALL: Green Salad Tomato Rice Pickle Pappad Kesari NON-VEG: Chicken Kolhapuri VEG: Paneer Kolhapuri	14	Crispy Cravings & Rasam ALL: North Indian Rice Pappad Pickle Rasam Parippu Curry Pineapple Pachadi Chef Special Halwa NON-VEG: Chicken 65 VEG: Crispy Gobi 65

15	Traditional Thali Treat ALL: Kachumber Salad White Rice Chapati Pickle Pappad Payasam Dal Fry Thoran NON-VEG: Malabar Nadan Chicken Curry VEG: Kadai Veg	16	Kerala Harvest Feast VEG: Kuthari Choru Mathan Payar Vazhakka Curry Thoran Ladies Finger Groundnut Deep Fry Pickle Pappad Pachamoru Pineapple Pachadi Chammanthi Rasam Payasam
17	Kappa & Fish Delight ALL: Valan Puli Onion Salad Kuthari Choru Pickle Payasam Kappa Puzhukku Thoran NON-VEG: Non-Veg: Fish Coconut Curry VEG: Ridge Gurd Pollichath	18	Mughal Feast & Malabar Flavors ALL: Onion Vinegar Salad Ghee Rice Bread (2 slices) Puthina Chammanthi Pickle Pudding NON-VEG: Chicken Stew VEG: Veg Stew
19	Chettinad Spice Legacy ALL: Green Salad Lemon Rice Raita Pickle Pappad Chef Special Halwa NON-VEG: Chicken Chettinad VEG: Mutter Paneer	20	The Spice Route Fusion ALL: Cream of Veg / Tomato Soup Green Salad Basmati Rice Raita Green Chutney Gulab Jamun NON-VEG: North Indian Egg Masala VEG: North Indian Paneer Masala
21	Deccan Dynasty - Alleppey Fusion ALL: Chilly Onion Salad Kuthari Choru Chammanthi Pappad Pickle Thoran Rosted Chilly Semiya Payasam NON-VEG: Chicken Thenga Paal VEG: Brinjal Pollichath Packed Curd	22	The Nawabi Delights ALL: Onion Vinegar Salad Shawaya Rice Mint Coriander Raita Roasted Pappad Pickle Ice Cream NON-VEG: Kadai Chicken VEG: Kadai Paneer
23	The Royal Kashmiri Platter VEG: Onion Salad Kashmiri Pulav Dal Tadka Thoran Spicy Aloo Masala Roasted Pappad Pickle Mango Chammanthi Gulab Jamun		



Fuel up for a day of learning with our delicious school meal menu!



SADHBHAVANA
WORLD SCHOOL

Bringing the World to the Classroom